

# Weekly Practice Log

<i>What is my goal this week? =</i>							
	What is my goal today?	Did I warm up? What did I do?	Time devoted to specific tasks?	Total Minutes Practiced	What was accomplished?	What needs improvement?	What is my next step?
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							
Sunday							
<i>Did I achieve my goal this week? =</i>							