Table of Contents

Acknowledgements	•	•	•	•	•	•	•	•	ix
Foreword by Yehuda	Gilad								xi
Introduction									1
The Purpose of Practicin	ıg.								1
Failure is your Friend									2
Setting Goals .									2
Practice Session Tools	•								2
Evaluate your Progress	•								3
Optimize your Practice		•							4
Slow Practice .									5
Time to Go Practice!									6
Glossary of Symbols									7
Chapter One – Using a	Metro	onom	ne .						9
Practice Method 1 – Met	ronome	e + Rec	cording	g Device	e .				9
Practice Method 2 – Met			_						10
Practice Method 3 – Big									15
Practice Method 4 – Big									17
Practice Method 5 – Play									20
Chapter Two – Shapin	g You	r Air							23
Practice Method 6 – Just	Air								23
Practice Method 7 – Flut	ter Ton	gue							28
Practice Method 8 – Spe		_							30
Chapter Three – Intona	ation	•	•		•		•		33
Practice Method 9 – Tun	er								33
Practice Method 10 – Dr	one								36

Chapter Four – Technique .	•	•	•	•	•	•	45
Practice Method 11 – Forwards & Backy	vards						45
Practice Method 12 – Forwards & Backy	vards E	Extreme					48
Practice Method 13 – Groupings .							51
Practice Method 14 – Anchor Points							54
Practice Method 15 – Galamian Rhythm	S						59
Practice Method 16 – Measured Trills						•	65
Practice Method 17 – Mental Practice	•	•	•				67
Chapter Five – Dynamics .							69
Practice Method 18 – Subdivision							70
Practice Method 19 – Loops .							75
Practice Method 20 – Double Lip.							77
Practice Method 21 – Subito Dynamics			•				79
Chapter Six – Articulation .		•		•	•		83
Practice Method 22 – Shape the Air							83
Practice Method 23 – All On One Note						•	86
Revisit Practice Method 7 – Flutter Tong	gue						89
Chapter Seven – Breath							91
Practice Method 24 – Break It Up							91
Practice Method 25 – Make It Longer						•	94
Practice Method 26 – Half The Speed							98
Chapter Eight – Excerpts .							99
Orchestral Excerpts				•	•		10
Wind Band Excerpts							148
About the Author							17
Copyright Information							173

Orchestral Excerpts

Bartók The Miraculous Mandarin, Op. 19, Sz. 73 (BB 82)					
Rehearsal 13 to rehearsal 16 [clarinet in A] .			•		•	101
Rehearsal 22 to rehearsal 25 [clarinet in Bb] .	•		•	•	•	102
Beethoven Symphony No. 4 in Bb major, Op. 60						
II. Adagio, mm. 81-89 (rehearsal F to 9 measures after re	ehearsal I	F) [clarin	et in Bb] .		104
IV. Allegro ma non troppo, mm. 297-303 [clarinet in Bb]	۱.			•		104
Beethoven Symphony No. 6 in F major, Pastoral,	Op. 68					
I. Allegro ma non troppo, mm. 418-438 [clarinet in Bb]						105
I. Allegro ma non troppo, mm. 474-492 [clarinet in Bb]	•		•		•	105
II. Andante molto moto, mm. 68-77 [clarinet in Bb]	ė		٠	•	•	106
III. Allegro, mm. 114-133 [clarinet in Bb]	•		•	•	•	106
Beethoven Symphony No. 8 in F major, Op. 93						
III. Tempo di menuetto (Trio), mm. 45-78 [clarinet in B].			•	•	107
Berlioz Symphonie Fantastique, Op. 14						
III. Adagio, mm. 119-131 (3 measures after rehearsal 43	to rehear	rsal 44) [clarinet	in Bb]		108
Bizet Carmen						
Act III Entr'acte, Andantino quasi allegretto, rehearsal 1	to rehear	sal 2 [cl	arinet in	Вь]		109
Borodin "Polovtsian Dances" from <i>Prince Igor</i>						
No. 8 "Dance of the Polovtsian Maidens," Presto, beginn	ing to re	hearcal I	R [clarin	et in Rhl		110
No. 17 "Polovtsian Dance with Chorus," Allegro vivo, 1	-		_	et in Dvj	•	110
rehearsal C to rehearsal C [clarinet in Bb] .						111
No. 17 "Polovtsian Dance with Chorus," Allegro con spi	rito, rehe	arsal V 1	to			
8 measures after rehearsal V [clarinet in A] .	•			•	•	112
Brahms Symphony No. 3 in F major, Op. 90						
I. Allegro con brio, mm. 23-46 [clarinet in Bb and A]						113
II. Andante, beginning to measure 22 [clarinet in Bb]						114
Gershwin Rhapsody in Blue						
D ' ' ' ' ' ' ' ' ' ' ' ' D J						115
Ginastera Variaciones Concertantes Op. 23						
IV. Scherzo for Clarinet, Vivace (complete) [clarinet in l	36]					116
Kodály Dances of Galánta	,					
mm. 31-66 [clarinet in A]						118
mm. 571-579 [clarinet in A]				·		119
Mendelssohn A Midsummer Night's Dream, Op. 61						
I. Scherzo, beginning to measure 48 (rehearsal B) [clarin						120
I. Scherzo, mm. 116-155 (2 measures after rehearsal E to	_		rinet in	Bb].		120
,		, L-10		J.		

Mendelssohn Symphony No. 3 in A minor, Scottish, Op. 56		
II. Vivace non troppo, mm. 8-67 (1 measure after rehearsal B) [clarinet in Bb]		121
II. Vivace non troppo, mm. 84-102 (4 m. before reh. C to 15 m. after reh. C) [clarinet in Bb]	ė	122
Nielsen Symphony No. 5, The Inextinguishable, Op. 50, FS 97		
I. Tempo giusto – Adagio non troppo, mm. 129-146 [clarinet in Bb]		123
I. Tempo giusto – Adagio non troppo, mm. 220-229 [clarinet in Bb]	•	124
I. Tempo giusto – Adagio non troppo, rehearsal 39 to the end [clarinet in Bb]		124
Prokofiev <i>Peter and the Wolf,</i> Op. 67 Rehearsal 20 to rehearsal 21 [clarinet in A]		125
	•	123
Puccini Tosca		
Act III, rehearsal 11 to rehearsal 12 [clarinet in A]	•	126
Rachmaninoff Symphony No. 2 in E minor, Op. 27		
III. Adagio, measure 6 to measure 28 (1 measure before rehearsal 47) [clarinet in A].		127
Ravel Boléro, M.81		
Rehearsal 1 to rehearsal 2 [clarinet in Bb]		128
Ravel Suite No. 2 from Daphnis and Chloé, M. 57b		
1 measure after rehearsal 155 to 3 measures before rehearsal 158 [clarinet in A]		129
3 measures after rehearsal 212 to the end [clarinet in A]	•	130
	•	130
Respighi Pines of Rome, P. 141		
III. Lento, 1 measure before rehearsal 13 to rehearsal 15 [clarinet in A]	•	132
Rimsky-Korsakov Capriccio Espagnol, Op. 34		
I. Alborada, rehearsal A to rehearsal B [clarinet in A]		133
I. Alborada, rehearsal C to the end [clarinet in A]		133
III. Alborada, 11 measures after rehearsal K to the end [clarinet in Bb]		134
IV. Scena e canto gitano, 5 m. after rehearsal L to 8 m. before rehearsal M [clarinet in Bb]	•	135
Rimsky-Korsakov Scheherazade, Op. 35		
II. "The Story of the Kalendar Prince," rehearsal F to rehearsal G [clarinet in A]		136
III. "The Young Prince and the Young Princess," 5m. before reh. A to reh. A [clarinet in Bb]		136
III. "The Young Prince and the Young Princess," 2 m. after reh. D to reh. F [clarinet in Bb]		137
III. "The Young Prince and the Young Princess," pick up to reh. G to reh. H [clarinet in Bb]		137
Rossini Semiramide		
Overture, 5 measures after rehearsal K to 8 measures before rehearsal L [clarinet in A]	•	138
Schubert Symphony No. 8 in B minor, <i>Unfinished Symphony</i> , D. 759		
II. Andante con moto, mm. 66-83 [clarinet in A]		139
II. Andante con moto, mm. 225-233 [clarinet in A]		139
Shostakovich Symphony No. 9 in Eb major, Op. 70		140
II. Moderato, beginning to measure 53 (2 measures after rehearsal A) [clarinet in A]. III. Presto, beginning to measure 39 (10 measures after rehearsal B) [clarinet in A].	•	140
111. 1 10010, 002 mm α to measure 37 (10 measures are relicalisal D) (claimed in Λ) .		171

Sibelius Symphony No. 1 in E minor, Op. 39					
I. Andante, ma non troppo - Allegro energico, beginning to n	n. 32 [clarir	net in A]	•	•	142
III. Scherzo: Allegro, 5 m. after rehearsal E to 4 m. before rel	nearsal H [c	larinet in	1 Bb]	•	143
Stravinsky <i>The Firebird Suite</i> (1919 version)					
"Variation of the Firebird" (complete) [clarinet in A]			•		144
Tchaikovsky Symphony No. 6 in B minor, Pathétique,	On 74				
I. Adagio – Allegro non troppo, mm. 54-67 [clarinet in A]	ор. 74				146
I. Adagio – Allegro non troppo, mm. 153-160 [clarinet in A]					146
I. Adagio – Allegro non troppo, mm. 325-335 [clarinet in A]			•		147
Wind Band E	Excerpt	S			
Dahl Sinfonietta for Concert Band	_				
I. Introduction and Rondo, rehearsal P to rehearsal R [clarine	t in Bb]				148
Fillmore Americans We mm. 1-37 [clarinet in Bb]					149
Gounod Ballet Music from Faust arranged by Theodor	e Moses	Говапі			
III. Allegretto, mm. 15-50 [clarinet in Bb]			•	•	150
Grainger <i>Lincolnshire Posy</i> IV. "The Brisk Young Sailor", beginning to measure 25 [clar	inet in Bb]				151
Grainger Molly on the Shore					
mm. 1-17 [clarinet in Bb]				•	152
mm. 99-115 [clarinet in Bb]					152
mm. 163 to the end [clarinet in Bb]					153
Hindemith Symphony in Bb for Band					
I. Moderately fast, with vigor, mm. 36-50 (3 m. before reh. C	to reh. D)	[clarinet	in Bb]		154
I. Moderately fast, with vigor, mm. 168-182 (reh. L to 3 m. b	efore reh. N	1) [clarin	net in Bb]		154
II. Andantino grazioso, mm. 49-71 (4 m. before rehearsal E to	o rehearsal	G) [clari	net in Bb]		155
Holst Hammersmith, Op. 52, Prelude and Scherzo					
11 measures before rehearsal C to 7 measures after rehearsal	E [clarinet	in Bb]	•	•	156
4 measures after rehearsal H to rehearsal I [clarinet in Bb].			•	•	157
12 measures before rehearsal M to rehearsal O [clarinet in Bb			•	•	158
Holst First Suite in Eb for Military Band, Op. 28 No. 1					
II. Intermezzo, beginning to 4 measures before rehearsal B [c	larinet in B	Ы].	•	•	159
II. Intermezzo, rehearsal C to rehearsal D [clarinet in Bb] .					159

Holst Second Suite for Military Band, Op. 28 No. 2	
I. March, rehearsal H to 1 measure before rehearsal J [clarinet in Bb]	160
II. Songs without Words "I'll love my Love," m. 2 to rehearsal A [clarinet in Bb]	160
IV. Fantasia on the "Dargason," 9 m. before reh. A to 8 m. after reh. A [clarinet in Bb]	161
Husa Music for Prague 1968,	
IV. Toccata and Chorale, Rehearsal rehearsal A to 4 measures after rehearsal B [clarinet in Bb]	162
IV. Toccata and Chorale, 2 measures before rehearsal D to 4 m. after rehearsal E [clarinet in Bb]	163
Makris Aegean Festival Overture, arranged by Major Albert Bader	
9 measures after rehearsal 21 to rehearsal 22 (clarinet cadenza) [clarinet in Bb]	164
Mendelssohn Overture for Wind Instruments in C Major, Op. 24, MWV P1	
mm. 6-17 (1 measure before rehearsal A) [clarinet in Bb]	165
Mozart Serenade No. 10 for winds in B-flat major, K. 361 (370a) "Gran Partita"	
VI. Tema con variazioni, Andante, mm. 1-20 [clarinet in Bb]	166
VII. Finale: Molto allegro, mm. 1-31 (rehearsal C) [clarinet in Bb]	166
VII. Finale: Molto allegro, mm. 56-80 (rehearsal E to rehearsal H) [clarinet in Bb]	167
Ticheli Blue Shades (25th anniversary edition)	
mm. 322-375 [clarinet in Bb]	168
Wagner "Elsa's Procession to the Cathedral" from <i>Lohengrin</i> , trans. by L. Cailliet	
5 measures before rehearsal 3 to rehearsal 6 [clarinet in Bb]	170