Figure 3.2 - Sample Timeline: Practice Instruction Unit for Novice Learners

Week 1		
	Day 1	Day 2
	30 minutes	20 minutes
	 -Using a method book exercise or other unison excerpt, teacher selects and introduces 1 practice strategy using the modeling cycle -Focus on defining the strategy, modeling the strategy, and providing opportunities for students to practice applying the strategy Week Day 1 20 minutes -Review practice strategies learned up to this point (2) using class repertoire -Select and introduce a 3 rd strategy using the modeling cycle	Day 2 15 minutes -Ask students to share a simple reflection about their practice assignment -Review practice strategies learned up this point (3) using class repertoire
	-Provide an opportunity for students to apply the new strategy independently on a teacher-selected excerpt while teacher provides individual assistance and/or feedback	-Assign practice homework (due next week)
	Week 3	
	Day 1	Day 2
\bigcirc	20 minutes	15 minutes
සි	-Review practice strategies learned up to this point (3) using class repertoire	-Ask students to share a simple reflection about their practice assignment
	-Select and introduce a 4 th strategy using the modeling cycle	-Review practice strategies learned up to this point (4)
	-Provide an opportunity for students to apply the new strategy independently on a teacher-selected excerpt while teacher provides individual assistance and/or feedback	 Provide opportunities for students to apply a strategy of their choice to a teacher-selected excerpt Assign practice homework (due next week)
Week 4		
	Day 1	Day 2
	20 minutes	15 minutes
2000	 -Review practice strategies learned up to this point (4) Select and introduce a 5th strategy using the modeling cycle -Provide an opportunity for students to apply the new strategy independently on a teacher-selected excerpt while teacher provides individual assistance and/or feedback 	 -Ask students to share a simple reflection about their practice assignment -Review practice strategies learned up to this point (5) -Provide opportunities for students to apply a strategy of their choice to a teacher-selected excerpt -Assign practice homework (due next week)
	Weeks 5+	
	5–10 minutes	
	-Review practice strategies periodically, checking for recall of relevant terminology and procedures	
	 Assign weekly practice homework, specifying (a) excerpts to practice and (b) strategies to use, especially for 1st year players As students become more fluent in identifying excerpts and strategies 	