

Your name _____

Check here if you were absent on the due date.

7th & 8th grade Band Practice Assignment #1

The adage “practice makes perfect” is often quoted, but in reality, practice makes less perfect and more permanent. Since repetition is such a powerful practice strategy, we’ll start off reviewing its use, as well as the use of two additional practice strategies, slowing down and zooming in. Your completed record is due on Wednesday, October 12th. Choose to improve and happy practicing!

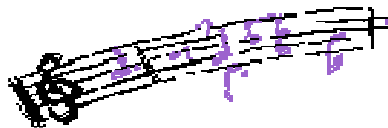
Directions:

1. Choose a section to work on.
2. Practice!
3. Answer the reflection questions.
4. Record the number of minutes you practiced.
5. Demonstrate your progress for an adult and ask him or her to sign your assignment.

Assignments without signatures are incomplete; assignments with faked signatures are automatically zeros. You will earn full credit if the assignment is complete and turned in on Wednesday. Partial credit can be earned if the assignment is complete and turned in on Thursday. No assignments will be accepted after this day.

Goal-Setting

1. Choose a goal section. It should be about 8 measures long. Write the piece and measure numbers here:



7th grade

Good posture and tone.
Scales: Bb, and Eb major
Chamber Music
Night on Bald Mountain
Affirmation Overture

8th grade

Good posture and tone.
Scales: F, Bb, Eb, and Ab major
Chamber Music
Headless Horseman
High School Cadets

Strategies: Repetition, Slow Down, and Zoom In

2. Match the strategy with its definition:

- _____ Repetition a. practicing a very small section of music
- _____ Slow Down b. playing a section of music over and over again
- _____ Zoom In c. practicing a section of music at a reduced tempo

3. Answer the following questions after one of your practice sessions.

a. Which strategy helped you improve most?

b. Is there anything in particular about your goal section that made one strategy the best?

c. What strategy was least helpful? Why?

d. What did you make permanent by practicing today?

Practice Minutes

4. Record the number of minutes you practiced each day. It is suggested that 7th graders play 120 minutes per week, and 8th graders 140 minutes per week.

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	TOTAL



Music History Moment William Billings made his living as a tanner (and as a hog reeve—someone who chased after roaming pigs in the city!) but is remembered today for *The New-England Psalm-Singer*, a hymnal of 127 original compositions. Published in 1770, it was the first collection of entirely original American music. Although the book was a collection of religious music, there was an underlying political level to the music too. Billings’s music promoted American resistance to British rule (“Chester” is a great example). Paul Revere, of Revolutionary War fame, did the front engraving for the book.

Source: *An Introduction to America’s Music* by Richard Crawford



Progress

5. What did you improve about your goal section?

6. What do you still need to work on? _____

7. Demonstrate your progress towards your weekly goal for an adult.

Student Signature _____

Adult Signature _____

Announcements

- Band-O-Rama, our first concert of the year, is Wednesday, October 19th at 7PM in the THS Gym. Students should report at 6:30 in full uniform.
- Do you have any assignments you still need to make up? Did you pass your scale tests (7th grade B-flat/E-flat; 8th grade F/B-flat/E-flat/A-flat)?
- Solo and Ensemble Festival is Saturday, November 19th, for those students who signed up. Information packets including performance times and directions to Charlotte Middle School will be distributed as soon as all information is available.

Music Quote

For extra credit, share your thoughts about this quote or one of the Music History Moment boxes in the Comments section below.

“Now, what is music? This question occupied me for hours before I fell asleep last night. Music is a strange thing. We do not know what music is. But what good music is we know well enough; and even better, we know what music is bad.”

-Heinrich Heine (1797-1856), German poet and satirist

Student or Parent Comments (optional)

Earned Credit (to be completed by Mr. McInchak!)

Full

Partial

None

Incomplete / Directions not followed / Late

Music History Moment The history of Western classical music is closely associated with the history of the Christian church. (When musicologists say “Western,” they mean “European.” You’d think “classical.”) Early church music was called chant. The simple melody—one unison line—made it easy to understand the words. Chant doesn’t sound like the melodies of today though—early and medieval musicians emphasized different notes than we do today.

